

**Budget Adopted, Mill Rate Decreases**

Recently, the Shiocton School District Board of Education passed the revised 2015-2016 budget. On October 15, the State released the certified General Aid figures. Funding for the current school year is down nearly \$103,000 from the estimate received in July but total dollars to be received is up nearly \$23,000 over last October's aid received.

The District budget was set with revenues of \$8,702,113 and expenditures of \$8,801,496 with a total tax levy of \$2,939,997. Within this budget, the District has met the commitments promised to tax payers during the spring referendum:

- the District will contribute \$100,000 towards balancing the budget
- the mill rate will decrease to \$10.18 or 5cents less than the promised maximum of \$10.23
- the District will under levy by \$120,762 in fulfillment of "if it's not needed, we will not tax for it"

Additionally, the budget incorporates funding to implement a co-curricular rotation while also maintaining the curriculum rotation begun in the 2014-2015 school year. Sufficient dollars have been included to provide for student educational needs and to attain the academic and programming goals, including on-going initiatives and up-coming competitive wage plans.

Persons with questions regarding the District budget are encouraged to contact Mrs. Schweitzer at 986-3351 x761.

<b>DATES TO REMEMBER</b>	
November 4	End of Quarter – 12:10 Dismissal
November 25	12:10 Dismissal
November 26, 27	No School – Happy Thanksgiving

**School Lunch Increases Coming**

Recently, the Department of Public Instruction informed us that our elementary and middle school meal price was below the price limit as calculated according to their costing formula. Beginning **January 21, 2016**, the price for elementary and middle school students will rise from \$2.25 to \$2.30 per meal. If you have any questions, please contact Mrs. Danke at 986-3351 x796.

**Student Council**

**Food and Toy Drive Kickoff**

Goal: To bring joy to local families

November 9 marks the start of the annual Food and Toy Drive. Once again, classes will compete against each other to see who can collect the most items. The winning class at each level—elementary, middle, and high school—will win an ice cream sundae party provided by Student Council.

We will be collecting products like boxed foods, canned foods/condiments, items with a long shelf-life, personal hygiene products, new/gently used toys (*please, no stuffed animals*), baby products, and paper goods. In order to attempt to collect a variety of items, we have designated a week to focus on certain types of goods; however, any items, including monetary donations, will be accepted and greatly appreciated at any time.

- |                |   |
|----------------|---|
| Nov. 9-13      | Canned Food/Condiments  |
| Nov. 16-20     | Boxed Food/Toys   |
| Nov. 23-27     | Personal Hygiene Products/Toys                                  |
| Nov. 30-Dec. 4 | Baby Products/Paper Goods (Toilet paper, paper towels, napkins) |

\*Please submit monetary donations by this time as we need time to shop for items. Thank you!

- |            |   |
|------------|---|
| Dec. 7-11  | Any Food or Toys  |
| Dec. 17-18 | Delivery to Families. Families will be notified of time and date. |

We would like to thank everyone who contributes to this wonderful event! Each year we're able to accommodate more and more families thanks to this generous community!!!

## School District of Shiocton

N5650 Broad Street PO Box 68  
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(920) 986-3351  
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[www.shiocton.k12.wi.us](http://www.shiocton.k12.wi.us)

NICHOLE SCHWEITZER  
Superintendent

KELLY ZEINERT  
Principal Grades 7-12

KIM M. GRIESBACH  
Principal Grades PK-6

DENISE GUEX  
Business Manager

### School Board

*President:* Bradley Ritchie  
Town of Ellington

*Vice-President:* Melissa Van Dyke  
Town of Bovina

*Clerk:* David Gomm  
Village of Shiocton

*Treasurer:* Jeremie Birch  
Town of Ellington

*Member:* Gregory Schoettler  
Town of Bovina

*Member:* Mike Bellin  
Village of Shiocton

*Member:* Stacey Warning  
Village of Shiocton

*All residents of the school district are welcome to attend board meetings to keep informed on school issues or to voice any concerns they may have.*

*The Link* is published monthly, from September through June, and can be viewed at [www.shiocton.k12.wi.us](http://www.shiocton.k12.wi.us). If you do not have Internet access, you may request a copy by mail by calling (920) 986-3351 ext. 517. Submit any articles for publication by mail to the school address or by e-mail to: <mailto:thelink@shiocton.k12.wi.us>.

*The Shiocton School District does not discriminate on the basis of race, sex, color, age, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.*

## Commitments, Closings, and Community

As you see by the article on the front page, we have fulfilled the commitments we made to tax payers during the referendum meetings last year. We levied for only what we needed after the \$100,000 contribution by the District was factored in, which all combine for a significantly reduced mill rate of \$10.18.

We also kept our commitment to the young learners of our community by maintaining funding for programs and initiatives that directly impact the courses offered and modes of learning. Additionally, we maintained expenditures needed to continue our curriculum rotation while including additional funds to begin a co-curricular rotation for uniforms, equipment, and other needed supplies. For our educators, professional development dollars were maintained to support their own learning and their continued efforts to provide a high-quality education to our students.

As a whole, I am confident that the budget approved will provide for what our students and staff need while also providing a manageable mill rate for tax payers. I invite you to stop in by the schools and witness the students learning – see the new technology used as students learn collaboratively and use hands-on, active-inquiry based projects to relate learning to real world situations. Too, I invite you to call or visit with me if you have any questions regarding the 2015-2016 District Budget.

Most of all . . . THANK YOU . . . for your continued commitment to educating the youth of our community within our community! ~Mrs. Schweitzer



### Changes Happening with *The Link*

Check out [The Link](#), Lunch Menu, Elem/MS news on the school website. *The Upbeat* may also be found on Facebook.



## THANK YOU

Many thanks to the parents, grandparents, and other community members that attended **the K-6 Math Expressions Math Morning** on October 21.

Thank you also to the parents and students that joined us to learn more about the **Gr 7 & 8 Big Ideas Math curriculum**. A reminder to visit <https://www.bigideasmath.com/students/> for on-line access to the student text book, as well as the many learning resources available, including re-teaching and practice opportunities.



## Charcoal Drawings in Art 3 are a Success

*Bill Greider*

Students in Mr. Greider's Art 3 (H. S. Advanced Art Course) completed their first project learning how charcoal works as a drawing medium. We focused on the portrait and students learned how the different types of charcoal (vine vs. compressed) and paper's tooth (the roughness of the surface) can effect the outcome of their drawings. Other tools employed by charcoal artists include shamies, a type of rubbing cloth, stumps, a blending tool, and erasers used as a drawing implement.



Students first selected a portrait photograph in black and white that showed high contrast and several intermediate values (grey tones). We looked at some good examples of artist's renderings of faces and how they used the charcoal media to create special effects with the media. Most students used the grid technique (putting a light grid on the original and the drawing paper) to help create correct proportions and shapes. Students then began to see how "vine charcoal" allowed for light sketching to help develop the whole page lightly. After the initial sketch, compressed charcoal (charcoal with binder added) was used to create rich dark passages. Rubbing cloth and cardboard stumps were utilized to create soft edges and blending. We had a group mini-critique about 4 days into the drawings to get their drawings up off the tables and onto the walls. This allowed students to see things they may have missed while working up close on the tables. Students shared opinions about ways to improve each other's work and students took about 2 weeks to finish the entire project.



**From the Nurse**

## **Great American Smokeout November 19, 2015**

The American Cancer Society marks the Great American Smokeout on the third Thursday of November each year by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By quitting — even for one day — smokers will be taking an important step towards a healthier life – one that can lead to reducing cancer risk.

Tobacco use remains the single largest preventable cause of disease and premature death in the US, yet about 42 million Americans still smoke cigarettes — a bit under 1 in every 5 adults. As of 2012, there were also 13.4 million cigar smokers in the US, and 2.3 million who smoke tobacco in pipes — other dangerous and addictive forms of tobacco.

### **Why is it so hard to quit smoking? Nicotine**

Nicotine is a drug found naturally in tobacco, which is as addictive as heroin or cocaine. Over time, a person becomes physically dependent on and emotionally addicted to nicotine. This physical dependence causes unpleasant withdrawal symptoms when you try to quit. The emotional and mental dependence (addiction) make it hard to stay away from nicotine after you quit. Studies have shown that to quit and stay quit, smokers must deal with both the physical and mental dependence.

### **How does smoking affect your health?**

Health concerns usually top the list of reasons people give for quitting smoking. This is a very real concern: smoking harms nearly every organ of the body.

Half of all smokers who keep smoking will end up dying from a smoking-related illness. In the United States alone, smoking is responsible for nearly 1 in 5 deaths, and more than 16 million people suffer from smoking-related diseases.

### **When smokers quit – what are the benefits over time?**

#### **20 minutes after quitting**

Your heart rate and blood pressure drop.

#### **12 hours after quitting**

The carbon monoxide level in your blood drops to normal.

#### **2 weeks to 3 months after quitting**

Your circulation improves and your lung function increases.

#### **1 to 9 months after quitting**

Coughing and shortness of breath decrease; cilia (tiny hair-like structures that move mucus out of the lungs) start

to regain normal function in the lungs, increasing the ability to handle mucus, clean the lungs, and reduce the risk of infection.

#### **1 year after quitting**

The excess risk of coronary heart disease is half that of a continuing smoker's.

#### **5 years after quitting**

Risk of cancer of the mouth, throat, esophagus, and bladder are cut in half. Cervical cancer risk falls to that of a non-smoker. Stroke risk can fall to that of a non-smoker after 2-5 years.

#### **10 years after quitting**

The risk of dying from lung cancer is about half that of a person who is still smoking. The risk of cancer of the larynx (voice box) and pancreas decreases.

#### **15 years after quitting**

The risk of coronary heart disease is that of a non-smoker's.

These are just a few of the benefits of quitting smoking for good. Quitting smoking lowers the risk of diabetes, lets blood vessels work better, and helps the heart and lungs. Quitting while you are younger will reduce your health risks more, but quitting at any age can give back years of life that would be lost by continuing to smoke.

It's hard to quit tobacco.

Research shows that smokers are most successful in kicking the habit when they have support, such as:

- Telephone smoking-cessation hotlines
- Stop-smoking groups
- Online quit groups
- Counseling
- Nicotine replacement products
- Prescription medicine to lessen cravings
- Guide books

Encouragement and support from friends and family members

Using 2 or more of these measures to quit smoking works better than using any one of them alone. For example, some people use a prescription medicine along with nicotine replacement. Other people may use as many as 3 or 4 of the methods listed above.

Quitting is hard, but you can increase your chances of success with help. The American Cancer Society can tell you about the steps you can take to quit smoking and provide quit-smoking programs, resources and support that can increase your chances of quitting successfully. To learn about the available tools, call 1-800-227-2345.

Source: American Cancer Society

## After School Program

The After School Program began for the year on Oct. 5 and will again be run by Elizabeth Schneider. The program is open to any high school or middle school students who would like to attend, but students with missing work or failing grades are strongly urged to attend. This is a place where they have the opportunity and guidance to catch up on work, get organized, and get extra help. The after school program runs Monday through Thursday from 3:15 - 4:15pm in the LMC.

If you would like more information or to find out how to get your child involved in the program please contact Elizabeth Schneider (eschneider@shiocton.k12.wi.us or 920-986-3351 ext. 787) or Kelly Zeinert (kzeinert@shiocton.k12.wi.us or 920-986-3351 ext. 751).

## Middle School Student Council News

Student Council sold popcorn for Red Ribbon Week. Students signed a "Pledge to Be Drug Free" banner.

Dress-up Days:

Nov. 11 Red, White & Blue Day (Veteran's Day)  
Nov. 19 Camouflage Day

The next Middle School Student Council meeting is Monday, November 9 at lunch.



Student Council members Bradley Demerath, Ari Stingle, Beth Casper and Collin Garsow sell popcorn for Red Ribbon Week.



## SWAT Hosts Dig Pink Event

SWAT conducted a breast cancer awareness event at the SHS volleyball game on Monday, October 5. Activities included a t-shirt sale, basket raffle, and bake sale. Because of the generosity of so many students, staff members, community members, and businesses, the SWAT students were able to collect over \$1,250. Due to the impact that Mrs. Jill Krohlow has had on these high school students, they elected to conduct this event in her honor. All proceeds will be donated to the charity of Mrs. Krohlow's choice: *Dr. Susan Love Research Foundation*, focusing on breast cancer prevention and research. Thank you so much to all who gave of their time and talent, and also to those who made monetary donations. Your kindness is much appreciated!



## 2nd Grade

Second grade students are finishing up their unit on communities. During the unit we were able to go out and explore our community on a walking field trip. We were very excited to stop and talk with members of our community at the bank as well as at the public library. Thank you for allowing us to visit First National Bank and Shiocton Public Library. It was exciting for all of us to see all that there are so many people who live and work in our community!



## Elementary Art

The elementary art dept. is collaborating with SPICE to create a Vincent Van Gogh Sunflower Quilt to be raffled at the Art Show this March. All third grade artists are involved. Here are some students in action! Mrs. Beecher



## SPICE.... Check Out What We are Doing!

*Mindy Hofacker, SPICE Chair*

Fall is upon us and we have many great things planned for the families of our school district! At our last meeting we discussed more plans for our beautiful quilt that will be raffled off at the Science Fair in March. Details on tickets for this raffle will be available in the near future. Lisa Beecher brought a few samples of the third grade sunflower paintings that will be sewn into this quilt and from what we saw: it is going to be stunning! Jeanne Reese has graciously offered her quilting talents for this fundraiser and we are truly grateful.

Friday, November 6<sup>th</sup> is our first FREE movie night of the year. This event is held in the cafeteria and the movie will be Inside Out. The movie starts at 7 pm and there will be concessions available for purchase. Bring a blanket and get comfortable. The Book Fair took place in October and

appeared to be a great success once again. SPICE would like to extend a huge thank you to all of our volunteers and to those who came out and supported the fair with purchases. There will be another book fair held next spring, so keep clipping those Box Tops. Each one is 10 cents more for our school.



Our next meeting will be held Wednesday, November 4<sup>th</sup> at 6 pm in the cafeteria. We hope you can join us to help plan our quilt raffle and our upcoming Holiday Fair and Cookies with Santa event. Also, be sure to 'like' our Facebook page for updates on many school happenings and functions. If you are unable to attend our meeting, but have question, concern, or suggestion, feel free to contact me at [5hofackers@gmail.com](mailto:5hofackers@gmail.com). Thank you for your continued support of SPICE!

## October Paper Drive Totals

*Tim Huebner*

The first paper drive of the year yielded a total of 4.72 tons. Many thanks go out to the community for all their support. Please consider storing your paper recyclables for the upcoming November drive.



The next drive of the year will be Monday, November 16th to Friday, November 20th. This will be a great chance to clean the last of your paper recyclables out of the garage. We really appreciate the support!

If you have any questions, call Tim Huebner at 986-3351 extension 739.

**When:** Monday, November 16th to Friday, November 20th

**Where:** The large dumpster behind the school

**What:** Any paper recyclables (examples cardboard, newspapers, junk mail, or any paper item)

## Counselor's Corner

Sandee Cornell, elementary/middle school counselor  
920-986-3351 ext. 711, [scornell@shiocton.k12.wi.us](mailto:scornell@shiocton.k12.wi.us)

### Elementary News:

**Red Ribbon Week** – Thank you for participating in the popcorn sale to profit Red Ribbon Week! Students signed a “**Pledge To Be Drug Free**” banner and received a washable tattoo with the message “**Be Drug Free!**”

**Elementary Guidance Lessons** have focused on respect for self and respect for others. We have defined drugs and have been talking about putting safe items into our bodies.

**November Character Trait is Citizenship.** Discussion topics with your children: respect for the flag, removal of hats, voting, obeying laws.

## Black Sand

Our Shiocton rock group, is looking for two new singers. If you enjoy singing or know someone who does, contact any of the band members or Sally Ritchie in the band room.

## School Staff Wearing Jeans???

If you visit Shiocton Schools during November, you may notice a lot of staff members wearing jeans. These staff members are participating in a very important fundraiser for Student Council's annual Food and Toy Drive to help families in need in our community. For \$1 per day in November, staff members may wear jeans to school any day of the week, and all of that money helps this great cause. Last year, we raised almost \$600 from this fundraiser! Hopefully this year will be just as successful!

## VETERANS DAY BREAKFAST



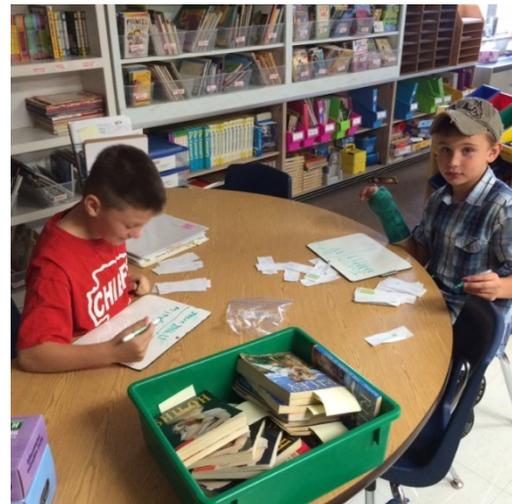
Student Council will be holding their Veterans Day Breakfast again this year. All local veterans are invited to enjoy a meal prepared by Student Council members on Nov.

11 at 8:30 a.m. in the school cafeteria. The Veterans Day program will follow at 9:45 a.m. We hope to see all of our local vets there!

## Third Grade

Third grade math minds at work as they work Math Expressions! They are improving their multiplication and division facts up to 100.

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## Information from Mrs. Griesbach, PK-6 Principal

Since my last newsletter article, there have been a few staff changes. Michelle Bain, special education paraprofessional, has moved on to other job opportunities outside of the district. It has been a pleasure working with Michelle and we wish her all the best! Also, since my last article, I'd like to give a warm Shiocton welcome to the following new staff members:



Emily Tippett – Elem. Special Education Teacher

Melissa Kholman – Elem. Special Education Paraprofessional

Christie Conradt – Elem. Special Education Paraprofessional

Thanks to everyone who was able to attend the “Math Morning” which was held recently. The students absolutely loved having special guests in their classrooms and did a great job with sharing math information for their particular grade level.



Great job to all of the choir students who recently performed for parents, families, and community members! Thanks to all of you who were able to come out to this event.

I hope each of you had an opportunity to meet with your child's teacher(s) for conferences. If you were not able to do so, please do not hesitate to contact your child's teacher to schedule a meeting. With a solid home – school connection, great things can happen for the children who attend school in Shiocton. The staff and I look forward to working collaboratively with you to help your child have the best year possible!

With Thanksgiving approaching, I want to thank you for all that you do in assisting us with educating your child. It truly is a partnership. The staff and I are so thankful for wonderful parents and a wonderful community! We wish you many blessings as you gather together for Thanksgiving.



### Dates to Remember for PK-6

Wed., Nov. 4 – End of First Quarter & 12:10 Dismissal

Wed., Nov. 11 – Veterans Day Program – 9:45am in HS gym

Wed., Nov. 25 – 12:10 Early Dismissal – Happy Thanksgiving!

Looking forward to seeing you on the 18th!

# CAREER NIGHT: MY EDUCATION, MY WAY

**WHEN**  
November 18, 2015  
6:00 pm

**WHERE**  
Shiocton School District  
Library  
N5650 Broad Street, Shiocton, WI

FEATURING • NWTC Representative • UWGB Representative • St. Norbert Representative •

[WWW.SHIOCTON.K12.WI.US](http://WWW.SHIOCTON.K12.WI.US)

#### INFORMATION THAT WILL BE PRESENTED:

#### WHICH COLLEGE IS RIGHT FOR ME?

Technical School  
Private College  
Public College/University

#### APPLICATION PROCESS

What to do when

#### TESTING NEEDED

ACT  
SAT  
Accuplacer/TABE

#### FINANCIAL AID

FAFSA  
Scholarships/Grants  
Work Study

#### Websites for pending graduates:

<http://www.agcareers.com/> - connects jobs and employers all over the world

<https://www.wisconsintechconnect.com/> - this site serves the 16 Tech Colleges and provides both skill and employment information, as well as links to upcoming events/trainings/expos/etc

<http://www.fastweb.com/> - multitude of links to scholarships (crazy as it sounds, there are scholarships based upon your height!)



## Inclement Weather: School Closing/Delay Announcements

It's that time of year again when we look to the thermometers and skies for possible falling flakes as the temperatures dip.

Make sure that you are well prepared to receive notices of school delays, closings, and cancellations:

1. Watch the news and Check their delays/closing/cancellation listings on line:

- WLUK (Fox 11) <http://fox11online.com/>
- WFRV (Channel 5) <http://www.wearegreenbay.com/>
- WBAY (Action 2 News) <http://wbay.com/>
- NBC (Channel 26) <http://www.nbc26.com/>
- WSAU (radio: 550AM \* 99.9FM) <http://wsau.com/>

2. Update your Skyward information to include

- Primary phone number (home or cell) for automated call notifications
- Cell phone number for text messages
- Email address for mailed notification

3. Download the Shiocton School District App (for Android and Apple)



Decisions to delay school will typically be for a two-hour time period and will also cause a cancellation of the morning Early Childhood program. Should school be canceled for the day or early in the afternoon, all extra-curricular events/practices will also be canceled. Announcements will be posted to television and radio stations, as well as their on-line listings, as soon as possible following the decision to delay, close, or cancel.

All parents and staff members will be contacted via the messaging system. If you have had any changes in your phone number or e-mail address, please update this information by calling 986-3351 ext. 797. Doing so will ensure that you receive the email, phone, and text messages.



## Citizen of the Year Nominations Needed



18<sup>th</sup> Annual Citizen of the Year Award, sponsored by the Shiocton Area Business League. Shiocton residents are asked to make nominations. There are no restrictions as to the person nominated. Judging will be based on the time and effort given by the person nominated in support of community events. A banquet will be held to honor the person selected. Mail entries to Shiocton Area Business League, W7548 Kirschner Rd, Shiocton, WI 54710 or you may drop off at Johnson's Hardware.

# THE UPBEAT!

THE OFFICIAL NEWSLETTER FOR SHIOCTON MUSIC



NOVEMBER 2015  
VOLUME 11, ISSUE 3

## VETERAN'S DAY CEREMONY

Wednesday, November 11  
9:45am  
HS Gym  
HS BAND/CHOIR

## PIE FUNDRAISER PICK-UP

Thursday, November 12  
3-6:00pm  
Band Room  
6-12 BAND/CHOIR

## MUSIC PARENTS MTG

Thursday, November 12  
6:00pm  
Band Room  
ALL BAND/CHOIR PARENTS

## PEP BAND

Friday, December 11  
6:45 p.m.

## SHIOCTON CHRISTMAS PARTY:

### CHILI DINNER & WINTER CONCERT

Monday, December 14  
CHILI DINNER  
4:00-6:30pm  
Cafeteria  
CONCERT  
7:00pm  
HS Gym  
5-12 BAND/6-12 CHOIR

## PEP BAND

Friday, December 18  
6:45 p.m.

## THANK YOU, VETERANS

Join us at 9:45am on Wednesday, November 11 in the High School Gym as we celebrate local veterans for their service and sacrifice in serving our country. With our entire Shiocton student body present, we'd like to express our thanks to veterans for ensuring our freedoms here at home.

## PIE FUNDRAISER PICKUP

Pies are done...time to pick 'em up! Our fundraiser pickup is scheduled for Thursday, November 12 from 3:00 to 6:00 p.m. in the Band Room. All orders must be picked up! Most of the food product is frozen, and we have no space to store frozen food at school. Please make the necessary arrangements to pick up your child's fundraiser product. Thanks again for supporting our music students!

## MUSIC PARENTS...ASSEMBLE!

If you have a student in the band or choir, we'd like to invite you to meet in the Band Room on Thursday, November 12 (after our pie pickup) at 6:00pm. We'll talk about our chili fundraiser—what we need, how you can volunteer, bucket raffle donations, and anything else for the good of the group. We depend upon an active group of parents, like YOU, to help make your child's band/choir experience truly great. Please join us!

## MARK YOUR CALENDARS NOW

We have a fantastic line-up of music and a delicious chili dinner with rumors of Santa Claus coming to Shiocton! Join us for the Shiocton Christmas Party on Monday, December 14. Dinner will be served from 4:00 to 6:30 p.m. with our annual Winter Concert to follow at 7:00 p.m. Be sure to mark your calendars now and invite the entire family. Let's celebrate the season together!

DID YOU KNOW...

Music is the great uniter. An incredible force. Something that people who differ on everything and anything can have in common.

—Sarah Dessen,  
Just Listen

You wanna  
piece of me?!



HAPPY  
THANKSGIVING!

UPCOMING MUSIC EVENTS

[bit.ly/shioctonupbeat](http://bit.ly/shioctonupbeat) • [facebook.com/shioctonband](https://www.facebook.com/shioctonband) • [facebook.com \("Shiocton Choir Shiocton"\)](https://www.facebook.com/ShioctonChoirShiocton)

SHIOCTON MUSIC

CHRIS ANDERSON • Director of Choirs • [canderson@shiocton.k12.wi.us](mailto:canderson@shiocton.k12.wi.us) • (920) 986-3351 ext. 772  
BRADD YENOR • Director of Bands • [byenor@shiocton.k12.wi.us](mailto:byenor@shiocton.k12.wi.us) • (920) 986-3351 ext. 718



## Give Your Child a Healthy Start!

Morning can be rushed, but it is important to make time for breakfast.

Children can benefit from the School Breakfast Program.

Studies show that school breakfast can improve test scores, make kids more alert in class, and improve classroom behavior. Make sure your kids start the school day with a healthy meal.

Cold sandwiches available each day as an alternative entrée for lunch. Whole grain white bread and buns are offered. All students must take ½ cup of fruit or vegetables with breakfast and lunch.  
Fresh fruit and vegetables are offered daily. Our milk is 1% or fat free white and TruMoo fat free chocolate.

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Muffin, string cheese, juice, fruit, milk	Cereal, yogurt, fruit, juice, milk	Uncrustable peanut butter and jelly, fruit, juice, milk	Scooby snacks, yogurt, fruit, milk	Whole grain long john fruit, juice, milk
<b>2</b>	Grab-n-Go salad or chicken teriyaki over steamed rice, steamed broccoli, whole grain dinner roll, sliced peaches, milk	<b>3</b> Grab-n-Go salad or build your own taco with trimmings, refried beans, whole kernel corn, pears, milk	<b>4</b> Grab-n-Go salad or chicken and gravy over mashed potatoes, peas, cranberry sauce, orange smiles, sliced bread, milk	<b>5</b> Turkey/ham/cheese on a whole grain bun, Gold fish crackers, fresh vegetables, fruitable juice, raisins, ice cream cup, milk	<b>6</b> Grab-n-Go salad or gooey goodness creamy macaroni and cheese, green beans, dinner roll mandarin oranges, milk
<b>9</b>	French toast sticks, hash browns, sausage patty, orange juice, graham cookie, milk	<b>10</b> Parfaits or pizza dippers with marinara sauce, garden salad, mixed fruit, milk	<b>11</b> Chicken nuggets, oodles of noodles, seasoned broccoli, sliced peaches, milk	<b>12</b> Grab-n-Go salad or homemade chicken noodle soup, string cheese, peas and carrots, dinner roll, applesauce, milk	<b>13</b> Grab-n-Go salad or build your own hamburger on a whole grain bun with. Trimmings, French fries, baked beans, sliced pears, milk
<b>16</b>	Grab-n-Go salad or chicken alfredo over penne noodles, garlic toast, California medley, mandarin oranges, milk	<b>17</b> Mini corn dogs, seasoned rice, baked beans, pineapple, milk	<b>18</b> Nachos with meat sauce, whole kernel corn, apple juice, milk	<b>19</b> Chicken patty on a whole grain bun, tri taters, green beans, fresh apples, milk	<b>20</b> Parfaits or portessi cheese fries with marinara sauce, fresh garden salad, sliced peaches, milk
<b>23</b>	Grab-n-Go salad or chicken fajitas with trimmings, shredded cheese, green beans, mandarin oranges, milk	<b>24</b> Parfaits or tomato soup, grilled ham and cheese sandwich, Wisconsin blend vegetables, sliced peaches, milk	<b>25</b> Basket for lunch: hot dog on a whole grain bun, Sun chips, applesauce cup, fruitable juice, milk	<b>26</b> Thanksgiving Break	<b>27</b> Thanksgiving Break
<b>30</b>	Breaded chicken parmesan patty, spaghetti noodles, marinara sauce, fresh yum salad, mixed fruit, milk				*Menu subject to change

Breakfast prices: 4K-12 - \$1.00 per day

Lunch prices: 4K-8 - \$2.25 per day, \$11.25 per week, \$42.75 per November

9-12 - \$2.55 per day, \$12.75 per week, \$48.45 per November

Parents/Guardians - Please remember, money is needed in the lunch account before purchases are made. If your account has a negative \$20 balance, please send money or a cold lunch. Your child may not be allowed to eat hot lunch. No a la carte purchases will be allowed. USDA is an equal opportunity provider and employer.

# November Calendar of Events

2	Mon	MS Boys basketball at home vs. Clintonville – 4:00pm <b>School Board meeting in the LMC – 6:30pm</b> Volleyball awards night – 6:30pm
3	Tues.	<b>Election Day</b>
4	Wed	<b>End of First Quarter – 12:10 dismissal</b> SPICE meeting in the cafeteria – 6:00pm
5	Thurs	MS Boys basketball at home vs. Weyauwega-Fremont – 4:00pm
5-7		HS Volleyball State Tournament
6	Fri	SPICE free movie night “ <i>Inside Out</i> ” in the cafeteria – 7:00pm HS Football Playoffs Level 3
9	Mon	Start of annual Food and Toy drive (see front page for details)
11	Wed	Veterans Day program in the HS gym – 9:45am
12	Thurs	MS Boys basketball at Weyauwega-Fremont – 4:00pm
13	Fri	Girls Varsity basketball @ Appleton East – 5:30pm Girls JV basketball @ Appleton East – 5:30pm
14	Sat	ACT Practice Test
16	Mon	<b>School Board Meeting in the LMC – 6:30pm</b>
16-20		Paper Recycling fundraiser behind school (see page 5)
17	Tues	MS Boys basketball at home vs. Wittenberg-Birnamwood – 4:00pm Girls JV basketball @ Reedsville – 5:50pm Girls Varsity basketball @ Reedsville – 7:15pm
18	Wed	Career Night for HS, LMC – 6:00pm
19	Thurs	Girls JV basketball at home vs. Girls Varsity Basketball at home vs.
23	Mon	MS Boys basketball @ Seymour – 4:15pm
24	Tue	MS Boys basketball @ Bonduel – 4:00pm
25	Wed	<b>Early dismissal – 12:10pm</b>
26	Thurs	<b>No School – Thanksgiving Break</b>
27	Fri	<b>No School – Thanksgiving Break</b>



## Coming up in December

Dec. 7-11	Food and Toy drive: any Food or Toys
Dec. 8	<b>Early dismissal – 12:10pm</b>
Dec. 12	SPICE Cookies with Santa
Dec. 18	Music Around the World Elem Winter Concert, HS Gym – K-2 <sup>nd</sup> 12:45pm, 3 <sup>rd</sup> -5 <sup>th</sup> 1:50pm